

PDQ-4

Personality Questionnaire

Provided by

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Developed by Steven E. Hyler, M.D. of the New York State Psychiatric Institute. The items included in the PDQ-4 were adapted from the diagnostic criteria for personality disorders of the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders, fourth edition, (DSM-IV) and contains items originally included in the PDQ and PDQ-R personality questionnaires. For more information contact Dr. Hyler, 130 New York State Psychiatric Institute, 105 Riverside Drive, New York, N.Y. 10032. Telephone (212) 960-5656. Seh5@columbia.edu ©Human Informatics Inc. 2002 – 2006.

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25. Occasionally I talk about people behind their backs.
26. I am inhibited in my intimate relationships because I am afraid of being ridiculed.
27. I fear losing the support of others if I disagree with them.
28. I have many shortcomings.
29. I put my work ahead of being with my family or friends or having fun.
30. I show my emotions easily.
31. Only certain special people can really appreciate and understand me.
32. I often wonder who I really am.
33. I have difficulty paying bills because I don't stay at any one job for very long.
34. Sex just doesn't interest me.
35. Others consider me moody and "hot tempered."
36. I can often sense, or feel things, that others can't.
37. Others will use what I tell them against me.
38. There are some people I don't like.
39. I am more sensitive to criticism or rejection than most people.
40. I find it difficult to start something if I have to do it by myself.
41. I have a higher sense of morality than other people.
42. I am my own worst critic.
43. I use my "looks" to get the attention that I need.
44. I very much need other people to take notice or compliment me.
45. I have tried to hurt or kill myself.
46. I do a lot of things without considering the consequences.
47. There are few activities that I have any interest.
48. People often have difficulty understanding what I say.
49. I object to supervisors telling me how I should do my job.
50. I keep alert to figure out the real meaning of what people are saying.
51. I have never told a lie.
52. I am afraid to meet new people because I feel inadequate.
53. I want people to like me so much that I volunteer to do things that I'd rather not do.
54. I have accumulated lots of things that I don't need but I can't bear to throw out.
55. Even though I talk a lot, people say that I have trouble getting to the point.
56. I worry a lot.
57. I expect other people to do favors for me even though I do not usually do favors for them.
58. I am a very moody person.
59. Lying comes easily to me and I often do it.
60. I am not interested in having close friends.
61. I am often on guard against being taken advantage of.
62. I never forget, or forgive, those who do me wrong.
63. I resent those who have more "luck" than I.
64. A nuclear war may not be such a bad idea.

65. When alone, I feel helpless and unable to care for myself.
66. If others can't do things correctly, I would prefer to do them myself.
67. I have a flair for the dramatic.
68. Some people think that I take advantage of others.
69. I feel that my life is dull and meaningless.
70. I am critical of others.
71. I don't care what others have to say about me.
72. I have difficulties relating to others in a one-to-one situation.
73. People have often complained that I did not realize that they were upset.
74. By looking at me, people might think that I'm pretty odd, eccentric or weird.
75. I enjoy doing risky things.
76. I have lied a lot on this questionnaire.
77. I complain a lot about my hardships.
78. I have difficulty controlling my anger or temper.
79. Some people are jealous of me.
80. I am easily influenced by others.
81. I see myself as thrifty, but others see me as being cheap.
82. When a close relationship ends, I need to get involved with someone else immediately.
83. I suffer from low self-esteem.
84. I am a pessimist.
85. I waste no time in getting back at people who insult me.
86. Being around other people makes me nervous.
87. In new situations, I fear being embarrassed.
88. I am terrified of being left to care for myself.
89. People complain that I'm "stubborn as a mule."
90. I take relationships more seriously than do those who I'm involved.
91. I can be nasty with someone one minute, then find myself apologizing to them the next minute.
92. Others consider me to be stuck up.
93. When stressed, things happen, like I get paranoid or just "black out."
94. I don't care if others get hurt so long as I get what I want.
95. I keep my distance from others.
96. I often wonder whether my wife (husband, girlfriend or boyfriend) has been unfaithful to me.
97. I often feel guilty.
- Please check off those items that apply in questions 98 and 99.**
98. I have done things on impulse that could have gotten me into trouble.
- Check items that apply:**
- Spend more money than I have.
- Having sex with people I hardly know.
- Drinking too much
- Taking drugs.
- Eating binges.
- Reckless driving.

99. When I was a kid (before age 15), I was somewhat of a juvenile delinquent, doing some of the things below. T F

Now, Check° all that apply to you:

- I was considered a bully.
- I used to start fights with other kids.
- I used a weapon in fights that I had.
- I robbed or mugged other people.
- I was physically cruel to other people.
- I was physically cruel to animals.
- I forced someone to have sex with me.
- I lied a lot.
- I stayed out at night without my parents' permission.
- I stole things from others.
- I set fires.
- I broke windows or destroyed property.
- I ran away from home overnight more than once.
- I began skipping school a lot before age 13.
- I broke into someone's house, building, or car.